

# Sweet Dreams

## MULTI PURPOSE ELECTRIC HEAT PAD



SOOTHING,  
THERAPEUTIC  
PAIN RELIEF

.....  
IDEAL FOR ARTHRITIS,  
TENSION, STOMACH AND  
BACK ACHE, PMS PAINS  
AND MORE

**SDBHP**

User Manual - Please read and retain for future reference

[www.sweetdreamselectricblankets.co.uk](http://www.sweetdreamselectricblankets.co.uk)

# INTRODUCTION

## General Information

Please read the entire instruction manual before using the product and then save it for future reference. We reserve the right for any errors in text or images and any necessary changes made to technical data. If you have any questions concerning technical problems please contact our Customer Services on 0800 091 3171.

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## Safety Instructions

Please read this instruction manual carefully before use and keep in a safe place for future reference. If you give the appliance to another person supply them with the instruction manual.



## Intended use

This appliance is intended for use as a Heated Foot Warmer. Use it for domestic purposes and in the way indicated in this instruction manual. The appliance is designed for private use. The appliance is not suited for commercial use, medical clinic use or pets.



### **Caution! Do not operate any appliance if:**

- Power cord is damaged.
- In case of malfunction or if it has been dropped or damaged in any manner.
- Should the cable be damaged, it must be replaced by a competent qualified electrician.



### **Caution! An electric appliance is no toy!**

- Never leave the appliance unsupervised when in use.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
- Explain to your children all risks which can be caused by electric current.
- Do not use it on persons insensitive to heat, helpless persons, infants or children without supervision. Do not use to warm animals.



### **Caution!**

- Do not leave packaging components (plastic bags, cardboard, polystyrene, etc.) within easy reach of children, danger of suffocation!



- Always check that the power supply corresponds to the voltage on the rating plate.

## Unplug the appliance

- Before removing or changing accessories.
- Before cleaning accessories or the appliance.
- When malfunctioning during use.
- When the appliance is not in use.
- After each use.
- To unplug pull the plug, never pull on the power cable to avoid damage.
- Never move the appliance by pulling the power cable. Make sure the power cable cannot get caught in any way.
- Do not wind the power cable around the appliance and do not bend it. From time to time check if the power cable is damaged. If the appliance power cable is damaged please do not use and contact your place of purchase.



### **Caution! Danger of electric shock!**

Appliance power cable and plug should never come into contact with water or any other liquids.

- Never immerse the appliance, the power cable or the plug in water or any other liquid for any reason whatsoever.
- Never use the appliance near a sink, or bathtub.
- Never touch the appliance with wet hands or standing on wet ground.
- Never place the appliance on wet surfaces.
- Never use the appliance outdoors. The appliance is not suited for outside use.

Additional protection may be obtained by fitting a residual current device that must not exceed 30 mA (IF < 30mA) into your home installation. Please consult a qualified electrician.



### **Plugging**

Before first use ensure that your mains voltage corresponds to that stated on the rating plate of the appliance. Connect this appliance to a plug which is wired according to UK regulations.

- Run the cable in a way that nobody can trip over it or pull on it to avoid accidents.
- Take care that the cable never comes into contact with sharp edges and hot objects.



## Caution! Danger of burning! Prolonged use can cause serious burns

The unit can get warm during operation.

- Never fall asleep during use or if you feel tired.
- Never cover the control unit.
- It is not recommended to use this appliance if you are fitted with a pacemaker. If in doubt please ask your doctor and the manufacturer of your pacemaker.
- Do not use the appliance in areas of the body that are inflamed, injured or swollen. If in doubt, you should seek medical advice before use. This also applies for diabetic persons.



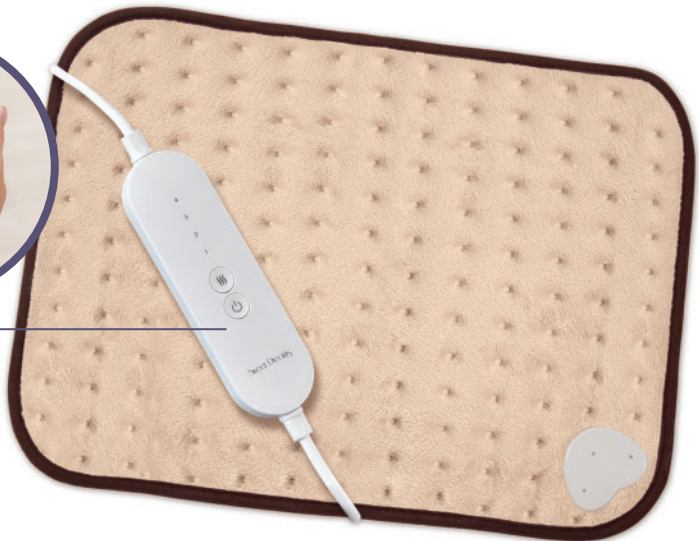
- The heat pad must never be used folded or crumpled.
- Do not pull on the power cable, twist or bend it sharply.



- Do not pierce the appliance with needles!
- Only use original accessories.
- Never leave the appliance unattended during operation and always unplug after use.



Hand-held Control Unit with 4 illuminated heat settings



## BEFORE THE FIRST USE

- Remove all packaging parts before initial operation and save for future storage.
- The special shape of the appliance allows adjustment around the feet for comfortable use.
- When the appliance is used for the first time, it can let off a slight odour but this will disappear after a short while.

## Operating instructions

- Switch on the appliance using the hand-held control power button.
- Select the required warmth by pressing the temperature select button.
- The green illuminated indicator light shows which level of warmth has been selected.



Temperature select:

- 1 = minimum warmth
- 2 = intermediate warmth
- 3 = moderate warmth
- 4 = maximum warmth



- As an added safety function, it will automatically switch off after 90 minutes. To switch back on, press the power button on the hand-held control and then choose the warmth using the temperature select button. When not in use switch off and unplug the power cable.





## Cleaning. **Danger of electric shock!**

Unplug the appliance from the power source before cleaning.

Please note that heat pad can be machine-washed **only after the control unit is detached** from the heat pad.

- Keep away from all solvents and harsh detergents.
- We recommend that the heat pad is machine-washed at 30°C.
- Drip dry the heat pad or dry in a dryer on low heat and use only when completely dry.
- The heat pad can also be carefully wiped over with a clean damp cloth. Avoid cleaning agents that contain solvents.
- Place appliance in a safe, cool and dry place when not in use.

## Technical Data

230V~ 50Hz, 110W, protection class II

This appliance is tested according to GS regulations and is built to UKCA|CE directives

## Environmental Responsibilities



Meaning of crossed-out wheeled dustbin:

Do not dispose of electrical appliances as unsorted municipal waste, use separate collection facilities.

Contact your local council for information regarding the collection systems available.

If electrical appliances are disposed of in landfills or dumps, hazardous substances can leak into the groundwater and get into the food chain damaging your health and well-being.

When replacing old appliances with new ones, the retailer is legally obligated to take back your old appliance for disposal free of charge.

## SERVICE WARRANTY

Hygiene Supplies Direct guarantees the product free from defects in materials and workmanship for a period of 1 year from date of purchase.

Should this unit be operated under conditions other than those recommended, at voltages other than the voltage indicated on the unit, or any attempts made to service or modify the unit, then the warranty will be rendered void. The product you buy may sometimes differ slightly from illustrations. This warranty is in addition to, and does not affect, your statutory rights.

If you have any problems with this product, please call our Help Desk on **0800 091 3171** or email [sales@hygienesuppliesdirect.com](mailto:sales@hygienesuppliesdirect.com)

Premiair Appliances Ltd, St Helens, WA9 3EX declares that the Heat Pad is exclusively manufactured and imported for Hygiene Supplies Direct Ltd