

## Bed Bug Advice Sheet

### 1. Prepare The Area

A thorough cleaning of the premises will make bed bug control efforts much more effective. Strip all beds down to the bare sleeping surface. Bedding (sheets, blankets, comforters, covers, and protectors) should be washed in very hot water. Very hot water is lethal to bed bugs. Personal items (stuffed animals, soft toys, blankets) should be removed and cleaned. Clutter should be removed from furniture tops and bed stands. In severe infestations, clothing should be removed from dressers and chests. Bed bugs can hide in the bed frame; inside box springs; inside furniture; and floor cracks. Use a hand-brush attachment to vacuum up most of the bed bugs. Vacuum mattresses and box springs (especially along seams and folds); upholstered furniture; and behind drapes. Also vacuum the floor completely.

### 2. Attack the Bed Bugs Where They're Hiding

To get rid of bed bugs effectively; you've got to hit them where they're hiding - in cracks and crevices. Place Residex P Dusting Powder in wall voids and under baseboards and in cracks and crevices. Follow the product label's instructions for bed bugs. Set off a Fortefog Mini fumer for every 7.5 cubic metres of space in each room to be treated. Place the fumer canister on a heat resistant surface, such as a large plate or baking tray, remove the plastic lid, light the fuse wire on the fumer furthest from the door first and then the other fumers working your way back to the door. Remove all fish tanks and pets, make sure all the windows are closed and close the door, leave the room closed for at least two hours, when you re-enter open all windows and doors to aerate the room. Dust may also be applied more easily along baseboards by pulling the carpet up from the tack and then putting it back into place. DO NOT spread dust over the carpets or under the carpets. Dusts are only for cracks and crevices, in wall voids and under baseboards, not in open spaces where people or animals travel.

### 3. Treat the Bed

The bed area needs to be treated next. Look carefully at the folds and seams of the mattress, the headboard, foot board (if present), box spring/support platform, frame, etc. You will be able to see the bed bugs with the visible eye or the aid of a small magnifying glass. All cracks and crevices of the bed structure should be treated for bed bugs with a light application of Protector C, Apply the spray on the tufts, folds and seams of the mattress.

### 4. Treat the Furniture (Night Stand, Chests, Dressers, Couches and Chairs)

The last step in bed bug elimination is to do a very thorough crack and crevice treatment of the furniture in the room. For wooden furniture pieces, you cannot miss any cracks, for upholstered furniture, apply Protector C. Always turn bed bug infested furniture over and treat from the bottom. Look carefully underneath all the legs of the furniture! Bed Bugs love to hide in the most unlikely places!

### 5. Follow-up in 2 weeks!

Getting rid of bed bugs is not easy. Inspect the treated room again in two weeks. Do a thorough inspection (especially cracks and crevices) and treat any area where bed bugs are persisting or where they have moved.

**Product Recommendations:** To get rid of bed bugs effectively we'd recommend purchasing at least one of each type of product below for a complete bed bug control treatment. Don't forget to purchase enough for a follow-up treatment in two weeks:

1. **Dusts:** Dusts such as Residex P Dusting Powder for crack and crevice treatments. Dusts kill bed bugs where they are most likely to harbour: in cracks and crevices.
2. **Liquid Insecticides:** Use a Residual (long lasting) liquid insecticide such as Protector C Use each as their respective label directs for applying to mattresses, furniture pieces, the bed frame and cracks and crevices.
3. **Contact Kill Aerosols:** Contact sprays with pyrethrins such as Protector CIK, kill bed bugs immediately on contact. These aerosols are great for spot treatments.
4. **Fumigation:** Use Fortefog Mini Fumers containing Permethrin, this form of fumigation will penetrate many of the harbourages of bed bugs. Read the label application rates for correct dosage application rates.

**TIP: Bed bug infestations may need more than one treatment Be persistent!**

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