Moli continence care range
Your personal guide
The Moli range from HARTMANN
Designed with you in mind

The comprehensive Moli range from HARTMANN enables you to select the right continence care product to meet your needs.

**MoliMed® Comfort**
Discreet shaped pads with adhesive strip for slight incontinence

**MoliForm® Soft**
Shaped pads for all degrees of incontinence with Active Skin Protection to keep skin healthy

**MoliCare® Soft**
All-in-one briefs for moderate to very severe incontinence with breathable side panels and Active Skin Protection to keep skin healthy

The Moli range from HARTMANN also includes rectangular pads, male pouches, pull-up pants and underpads.

The unique colour coding system from HARTMANN helps you to identify the product absorbency at a glance.

- **Yellow** for slight incontinence
- **Green** for moderate incontinence
- **Blue** for severe incontinence
- **Magenta** for severe/very severe incontinence
- **Violet** for very severe incontinence
What do I need to know about my continence care product?

Your HARTMANN products are manufactured in an environmentally sensitive way, with emphasis on quality and comfort for the end user. You can be confident that your HARTMANN continence product will keep your skin dry and protect you from leakage and odours, so letting you lead a normal life.

The new Advanced Dry Technology provides 30% more dryness*. This provides you with extra protection as skin swelling and irritation is avoided.

The top, soft, non-woven layer helps to keep you dry and comfortable.

Curly cellulose fibres in the top layer of the absorbent core rapidly guide urine into the centre of the absorbent core.

The absorbent core consists of cellulose and super-absorbent polymers (SAP). SAP locks urine and odours inside, keeping you dry and comfortable.

Improved soft, water-repellent, anti-leak cuffs ensure leakage protection at the sides.

The white and soft textile-like backsheet provides a comfortable feeling and reduces rustling when you move.

Ongoing investment means a continued programme of improvement as new technology develops, so you can always be sure you have the most advanced product on the market. New technologies allow products to become thinner and more discreet but guarantees at the same time, maximum absorbency and leakage protection.

* Paul Hartmann AG internal test method ‘Rewet After ABL’
What other features are important to me?
Active Skin Protection for your skin’s wellbeing

- Many of the HARTMANN products are made of breathable materials enabling the air to circulate. This guarantees you maximum wearing comfort and helps to keep your skin healthy.
- The products’ absorbent core provides a pH neutral skin environment and has anti-bacterial properties.
- The skin friendly material of the products is suitable even for sensitive skin. An odour neutraliser within the absorbent core locks unpleasant odours safely away.
- The materials used in HARTMANN continence care products have been dermatologically tested.

Wetness Indicator
Many of the HARTMANN products include a wetness indicator which is integrated into the backsheets of the products. The wetness indicator will blur or disappear as the product is used and is a guide to when the product needs to be changed.
How do I fit a shaped continence product?

MoliForm® body-contoured pads can be worn with specifically designed MoliPants or close-fitting underwear. Pads may leak if not fitted correctly, so, to ensure you get the most from your shaped product:

1. Choose close-fitting MoliPants® (measure waist size in cms) or suitable equivalent.
2. Pull MoliPants® as high up between the legs as possible, rolling the waistband downwards at the same time to form a platform between the thighs.
3. Ensure MoliForm® soft is ‘cupped’.
4. Make a firm fold or crease along the pad lengthways ensuring the cuffs are angled inwards.
5. The smaller absorbent area of MoliForm® soft should be positioned at the front of the body.
6. Pull MoliPants® right up at the back, then carefully unfold the front absorbent area and pull up the net pants at the front.
7. Ensure that the textile backing is not folded and check that the net pants and the pad fit snugly.
8. Ensure the leg openings are comfortably positioned and are not pinching the skin.

• Insert MoliForm® soft between the thighs from the front, with the absorbent and completely white surface next to the skin and the larger area for containment at the back.
• It is very important that the rear absorbent area is completely unfolded.
• The wetness indicator should be in line with the spine.

This will ensure maximum performance of MoliForm® soft and MoliPants® as well as optimum comfort.
How do I fit an all-in-one brief?

MoliCare® soft has unique, breathable side panels for your personal comfort to enable air to circulate and perspiration to escape. Active Skin Protection features in MoliCare® soft help to keep your skin healthy all around.

The hook-and-loop tabs allow you to open and re-close the sides time and again for your convenience. Briefs may leak if not fitted correctly, so, to ensure you get the most from your all-in-one brief:

1. Measure the waist and hips - use the larger size.
2. Choose correct product size - if between sizes try the smaller size first.
3. Open up the brief lengthways, leaving the non-woven side panels in folded position.
4. Hold brief at each end and gently fold it lengthways once. This activates the inner cuffs and creates an anatomical ‘cupped’ shape for fitting.

1. Place the ‘cupped’ brief between the thighs from the front - the soft white absorbent layer next to the skin and the absorbent area with tapes to the rear.
2. Unfold rear absorbent area and fit snugly to the body.
3. Wetness indicator should be in line with the spine. At the front, centre the absorbent cushion in the crotch area.
4. Check that the brief is comfortably and closely fitted.
5. When the stripes on the product are aligned, the super absorbent core is correctly positioned.
6. To open and reclose the tabs, open the blue stripe and reclose onto the textile backsheet or non-woven side panel. You can open and close the hook and loop tabs again and again.

1. Unfold front area and fit into position, as high as possible in the groin area.
2. Unfold front side panels, fit snugly to the body and unfold side panels at the back.
3. To fasten the brief, position the upper hook and loop tabs at a slightly downwards angle onto the non-woven side panel or textile backsheet.
4. The lower hook and loop tabs should point diagonally upwards.
How should I look after my skin?

All continence care products supplied by HARTMANN are latex-free thus minimising the risk of skin irritation and allergies. The high-quality raw materials used in the Moli range should also ensure that skin problems are rare. However, if you are worried about any change in the condition of your skin, seek the advice of a health care professional.

😊 Ensure that your product is fitted correctly

😊 Maintain a nutritious diet and if you are in good health, of average weight and height drink 1 1/2 litres of fluid each day. Avoid caffeinated drinks if possible.

😊 Check your skin regularly for any redness or irritation.

😊 Use a pH skin neutral wash lotion or foam cleanser, such as Menalind® professional cleansing foam for gentle skin cleansing. This will be less drying on the skin than soap and water.

⚠️ Where possible, avoid using oil-based creams on the skin as these may affect the absorbency of the product. If using a prescribed cream, apply thinly and as directed.

⚠️ Avoid using talcum powder

⚠️ Avoid vigorous rubbing of the skin
How should I look after my Moli products?

At HARTMANN, we use compact packaging to ensure your products take up as little space as possible for storage.

To maintain your products in optimal condition, you should:

😊 Store open and unopened packets at room temperature, away from humidity, as moisture will be attracted to the super-absorbent core in the pad.

😊 If you are at risk of skin damage from pressure, it is advisable to smooth the folds in the pad by hand prior to use.

⚠️ For example do not store in your:
  - Shed
  - Garage
  - Bathroom

⚠️ The risk of flammability of disposable continence care products is classed as very low. However, as with any kind of fabric or cellulose-based material, such as clothing or paper towels for example, disposable continence care products are flammable when in contact with naked flame. Therefore, during storage and use, products must be kept away from naked flame.

Before use:

- Remove pads from packaging at least half an hour before use, to allow the cellulose fibres in your product to ‘breathe’ and ‘fluff up’ after storage. This will ensure the product will be at its best before use.

Why not remove your daily supply of pads from the packet the night before?
How should I dispose of my Moli products?

When you are ready to dispose of your continence care products, you are advised to:

😊 Roll-up the used product with the waterproof PE-film or textile-like backing on the outside.

😊 Wrap the used product in newspaper or in a plastic bag.

😊 In most areas, you can place the products with household refuse. However, some local councils will provide you with a special ‘clinical waste’ bag in which you should store your used products, ready for collection.

😊 If you are unsure about the local disposal policy, check with your Continence Advisor or nurse who arranged your supply, or with your local council.
How does HARTMANN help to protect the environment?

Whilst our key objective is to manufacture high-quality products, HARTMANN also takes great care to select raw materials that meet environmental considerations.

Approximately **90%** of the raw materials HARTMANN employs in production are **renewable**, about 70% cellulose and 20% cotton.

**Chlorine-free bleaching** - the oxygen bleaching method has been used exclusively since 1990. Care is taken to only purchase raw materials that have not been chlorine-bleached.

Super-absorbent polymers (SAP) can absorb and store liquid many times its weight. This enables us to produce **thinner products** in **smaller packaging**.

The greatest part of the cellulose is obtained from the southern region of the USA, where types of rapidly growing wood are cultivated under **controlled forestry conditions**.

Our outer packaging is made of **100% recycled** corrugated brown cardboard.
Who can help me if I want further advice?

If you experience any problems with your continence care product, you should contact your assessing nurse in the first instance, or your local continence service.

Why not make a note of their contact details here:

**MY NURSE:** ___________________________  **TEL:** ___________________________

**MY CONTINENCE SERVICE:** ___________________________  **TEL:** ___________________________

Useful continence support organisations:

**Bladder and Bowel Foundation**
SATRA Innovation Park, Rockingham Road, Kettering, Northants, NN16 9JH
Registered Charity Number 1085095

**Nurse helpline:** 0845 345 0165  
**General enquiries:** 01536 533255  
**Email:** info@bladderandbowelfoundation.org  
www.bladderandbowelfoundation.org

For confidential advice and support please contact the Bladder and Bowel Foundation (B&BF), the UK charity for people with bladder and bowel control problems.

**PromoCon**

Burrows House, 10 Preistley Road, Wardley Industrial Estate, Worsley, M28 2LY.

**Tel:** 0161 607 8219  
**Tel:** 0845 345 0165  
(Confidential helpline)

**Email:** info@promocon.co.uk  
www.promocon.co.uk

Provides independent and impartial advice on continence care products.

**eric**

36 Old School House, Britannia Road, Kingswood, Bristol BS15 8DB

**Tel:** 0117 960 3060  
**Fax:** 0117 960 0401  
www.eric.org.uk

Information about bedwetting for kids, teenagers, parents and professionals.